

## 2026 SESSION DATES

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Session 1: June 29th - July 3rd  
Session 2: July 6th - July 10th  
Session 3: July 13th - July 17th  
Session 4: July 20th - July 24th  
Session 5: July 27th - July 31st  
Session 6: August 3rd - August 7th  
Session 7: August 10th - August 14th  
Session 8: August 17th - August 21st

## DAILY ACTIVITIES

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- Over 3 hours of tennis training from USPTA and PTR certified coaches (varies based on age & level)
- Off-court fitness conditioning
- Pickleball and Paddle Tennis cross training
- Supervised match play
- Drill and Point play sequences
- Swimming
- Goal Setting
- Mental toughness training
- Stretching and agility training
- Organized off court games

## SAMPLE DAILY SCHEDULE

9:00-10:30	Morning On-Court Training
10:30-11:00	Off-court Break
11:00-12:00	UTR Matchplay
12:00-2:00	Lunch, Swimming, & Off-Court Training
2:00-4:00	Afternoon On-Court Training



## ABOUT SUMMER TENNIS ACADEMY

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The Tennis Club of Rochester offers a tennis specific camp for intermediate to advanced skilled juniors ages 10-18. Camp is offered in weeklong sessions(M-F) from June 29th through August 21st.

## CONTACT US

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# SUMMER TENNIS ACADEMY

2026

[WWW.TCR1886.COM](http://WWW.TCR1886.COM)

# JOIN US THIS SUMMER

## FULL DAY PRICING

9:00am - 4:00pm	
TCR Member*	\$440
Non-Member	\$470

## HALF DAY PRICING

9:00am - 12:00pm	
TCR Member*	\$330
Non-Member	\$350

## ADD-ONS

Lunch Package**	\$45/week
	\$10/day

\*Summer tennis, pool, & paddle family or single w/children memberships, and children & grandchildren of equity members receive member rate

\*\*Campers choose daily from a selection of hot/cold sandwiches, a healthy side, and a drink

## CANCELLATION POLICY

Camp registrations canceled at least 2 weeks in advance will receive a full refund. Camp registrations canceled within 2 weeks will not receive a refund unless we are able to fill your spot.



## BENEFITS OF SUMMER TENNIS ACADEMY

- Improve consistency through proper stroke mechanics and ball striking repetition
- Build confidence in shot making ability with drill and point & play sequences
- Become match tough with match play coaching
- Increase overall fitness level with strength and conditioning exercises

## REGISTER FOR SUMMER TENNIS ACADEMY

To register, visit [www.tcr1886.com](http://www.tcr1886.com) or register through your TCR account you use for tennis program registration.

For more information about TCR Summer Tennis Academy email [luke@tcr1886.com](mailto:luke@tcr1886.com) or call (585) 381-2529 ext. 130