



# ADULT OUTDOOR WEEKLY DRILLS

May 1, 2025 - September 17, 2025

## Weekly Drill Groups

### **No long term commitment**

Register at [tcr1886.clubautomation.com](http://tcr1886.clubautomation.com) or on the TCR App on a weekly basis at least 24 hours in advance. Courts will be divided by level. The Pro will send out weekly invites for each class.

### **Level Booster Drills**

Class focuses on stroke refinement through large volume live ball hitting. Focus on repetition with technical input.

**Women's 3.0-3.5** Level Tuesdays 10:30am-12:00pm (Clay Courts)

**Women's 3.5** Level Thursdays 10:30am-12:00pm (Clay Courts)

Cost per class: Member \$32, Non-Member \$42

### **Strategy Drills**

Improve your game to be more consistent and reduce unforced errors. Learn different ways to win on offense and defense. Maximize your time on shot selections by improving your tactical knowledge through drills and point play. Focusing on live ball pressure point-play scenario in both doubles and singles.

**Women's 3.0-3.5** Level Thursdays 6:00-7:30pm (Clay Courts)

**Co-Ed 3.5-4.5** Level Saturdays 12:00-1:30pm (Clay Courts)

Cost per class: Member \$32, Non-Member \$42

### **Shot of the Week - Open to levels (3.0-4.0)**

Classes focus on stroke development/improvement through pro fed drills with heavy technical input. 1 hour clinic that focuses on a certain shot each week (forehand, backhand, slice, volleys, lobs, overhead, serve). Classes are co-ed and open to all levels.

Thursday 12:00-1:00pm (Clay Courts)

Cost per class: Member \$27, Non-Member \$32

### **Learn to Play - Open to all 201 and 301 Participants (SUPERVISE PLAY)**

If you're looking to improve your doubles and singles match skills, this class is perfect for you. You'll have the opportunity to play a competitive match against your opponent while receiving guidance from the Pro instructor on positioning, strategic tactics, point-play scenarios and shot selection. **Please keep in mind that this class is not intended for beginners and ball-feeding drills are not included.**

Mondays 6:00-7:30pm (Clay Courts)

Tuesdays 6:00-7:30pm (Clay Courts)

Saturday 9:00-10:30am (Clay Courts)

Cost per class: Member \$27, Non-Member \$37

### **Cardio Tennis Fitness class**

#### **Beginner/Intermediate Co-ed 1.5-2.5 level**

Medium paced fed balls, slowly building up your stamina and endurance. Constant movement with fun games!

Tuesdays 5:00-6:00pm (Clay Courts)

Saturdays 8:00-9:00am (Clay Courts)

Cost per class: Member \$27, Non-Member \$32

#### **Advanced Co-ed 2.5-3.5 level**

High energy fast paced, rapid fed balls, constant hitting, drills and games for those looking for an intense work out!

Tuesdays 5:00-6:00pm (Clay Courts)

Saturdays 8:00-9:00am (Clay Courts)

Cost per class: Member \$27, Non-Member \$32

### **Buy 5, Get 1 Free!** **\$ave on a Drill Package or** **Cardio Tennis Package**

Purchase a 6 Class Package for Adult Drills or Cardio Tennis classes and save!

- Packages become effective on the date they are purchased
- No refunds for unused classes
- **Can not be used toward Private groups**
- **Packages are for TCR Members only**
- Cardio Package - Member \$135
- Adult Drills Package - Member \$160

For more information:

Contact Sam Chhoeun, Director of Adult Tennis  
[sam@tcr1886.com](mailto:sam@tcr1886.com) (585) 381-2529 x 134



# Tennis Professionals and Rates

## All Pros are RSPA SafeSport Approved

### RACQUET SPORTS PROFESSIONALS ASSOCIATION

#### Private Tennis Lessons

*Non-Members pay a \$12 guest fee  
in addition to the hourly rate*

##### **Sam Chhoeun**

##### **Director of Adult Tennis**

RSPA Level 2

60 minutes: \$85

**email: [sam@tcr1886.com](mailto:sam@tcr1886.com)**

##### **Luke Petrosino**

##### **Director of Junior Tennis**

RSPA Level 1

PTR Level 1

60 minutes: \$75

**email: [luke@tcr1886.com](mailto:luke@tcr1886.com)**

##### **Jason Stephens**

RSPA Level 3

60 minutes: \$85

**email: [jcstephens27@hotmail.com](mailto:jcstephens27@hotmail.com)**

##### **Sam Hall**

RSPA Level 1

60 minutes: \$80

**email: [srhall175@gmail.com](mailto:srhall175@gmail.com)**

##### **Carter Casimir**

RSPA Level 1

60 minutes: \$70

**email: [cartercasimir@gmail.com](mailto:cartercasimir@gmail.com)**

##### **Zach Schilvock**

PTR Level 1

60 minutes: \$70

**email: [zgshilvock7@gmail.com](mailto:zgshilvock7@gmail.com)**

#### **Ball Machine Reservations**

Looking for the chance to work on your game? Look no further. TCR offers Ball Machine rentals in 30 and 60 minute blocks between the hours of 7am-5pm, Monday - Sunday. No charge starting May 1st to Sept 17th for members during the outdoor season.

30 to 60 minutes - (No charge for members)

60 minutes - \$19.00 (Guest fee)

Reservations must be made 24 hours in advance,  
by calling the front desk.

(585) 381-2529 x 6

#### **Private Groups 90 Minute Training Sessions (Open to all levels)**

Member Fee - \$37.00

Non-Member Fee - \$47.00

Min of 4 players needed for a group. Lesson can be built to meet your groups goals and needs. You have the ability to chose your own Pro and meet once a week at a set time the group agreed on. You can contact the Pro directly by email.

Contact Sam Chhoeun for Pro Availability

[Sam@tcr1886.com](mailto:Sam@tcr1886.com)

585.381.2529 EXT. 134

