2025 SESSION DATES

Session 1: June 30th - July 3rd*

Session 2: July 7th - July 11th

Session 3: July 14th - July 18th

Session 4: July 21st - July 25th

Session 5: July 28th - August 1st

Session 6: August 4th - August 8th

Session 7: August 11th - August 15th

Session 8: August 18th - August 22nd

*No camp July 4th..

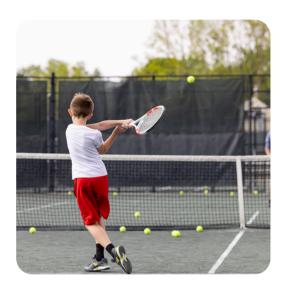
DAILY ACTIVITIES

- Over 3 hours of tennis training from USPTA and PTR certified coaches (varies based on age & level)
- Off court fitness conditioning
- Pickleball and Paddle Tennis cross training
- Supervised match play
- Drill and Point play sequences
- Swimming
- Goal Setting
- Mental toughness training
- · Stretching and agility training
- Organized off court games

SAMPLE DAILY SCHEDULE

9:00-10:30 Morning On-Court Training
10:30-11:00 Off-court Break
11:00-12:00 Cross Training
12:00-1:00 Lunch
1:00-2:00 Swimming
2:00-4:00 Afternoon Training,

Matchplay, and Games



ABOUT SUMMER TENNIS ACADEMY

The Tennis Club of Rochester offers a tennis specific camp for intermediate to advanced skilled juniors ages 10-18.
Camp is offered in weeklong sessions(M-F) from June 30th through August 22nd..

CONTACT US

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2025

WWW.TCR1886.COM

JOIN US THIS SUMMER

FULL DAY PRICING

9:00am - 4:00pm TCR Member*......\$420 Non-Member.....\$445

HALF DAY PRICING

9:00am - 12:00pm TCR Member*......\$315 Non-Member.....\$335

ADD-ONS

Lunch Package** \$45/week \$10/dav

*Summer tennis, pool, & paddle family or single w/children memberships, and children & grandchildren of equity members receive member rate

**Campers choose daily from a selection of hot/cold sandwiches, a healthy side, and a drink

CANCELLATION POLICY

Camp registrations canceled at least 2 weeks in advance will receive a full refund. Camp registrations canceled within 2 weeks will not receive a refund unless we are able to fill your spot.



BENEFITS OF SUMMER TENNIS ACADEMY

- Improve consistency through proper stroke mechanics and ball striking repetition
- Build confidence in shot making ability with drill and point & play sequences
- Become match tough with match play coaching
- Increase overall fitness level with strength and conditioning exercises

REGISTER FOR SUMMER TENNIS ACADEMY

To register, visit www.tcr1886.com or register through your TCR account you use for tennis program registration.

For more information about TCR Summer Tennis Academy email luke@tcr1886.com or call (585) 381-2529 ext. 130