



# Paddle Tennis Lessons

## Paddle Staff

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**Private Lessons:**  
**1 hour lesson**  
\$80 member  
\$90 non-member

**1/2 hour lesson**  
\$45 per member  
\$50 per non-member

**Semi-Private and Private group lessons are available for 1 hour or 90 minutes** to receive tips on specific shots, strategy and positioning.

Contact the Pro directly for pricing based on the number of players and amount of time.

**Nathaniel Foster**  
TCR Racquet Sports Coordinator  
nathaniel@tcr1886.com  
381.2529 ext. 102  
*Nathaniel handles all paddle leagues and events.*

**SEPTEMBER 9, 2023 - MARCH 31, 2024**

## **Introductory Lessons**

Learn what a fun game Paddle can be in 90 minutes! We will go over the shots needed to play, rules, scoring, positioning and strategy.

*Equipment is provided, court shoes are required, no running or training shoes. Dress in warm layers with thin gloves in lower temperatures.*

**Saturdays 11:00-12:30pm**  
**Thursdays 9:30-11:00am**

## **Paddle Drills (levels 12-14)**

For those who have taken the Intro to Paddle or are level 12-14. You will learn match procedures, strategies, and positioning through drills. A great opportunity to meet other players at the same level.

**Saturdays 11:00-12:30pm**  
**Thursdays 11:00-12:30pm**

## **Paddle Drills (levels 6-11)**

Sixty minutes of drills covering all aspects of the game followed by 30 minutes of supervised match play. Great tune-up for league players!

**Sundays 11:00-12:30pm**  
**Thursdays 11:00-12:30pm**

Each 90 minute class: \$30 members, \$40 non-members

## **Pre-Season Training Camp**

Three hours covering all aspects of the game with supervised play. Sign up with or without a partner. Courts will be divided by level.  
Cost: \$60 members, \$80 non-members

**Saturday, September 30th 9:30am to 12:30pm**  
**Sunday, September 24th 9:30am to 12:30pm**

**Register on the TCR App or online at [tcr1886.com](http://tcr1886.com)**  
**Contact [deanna@tcr1886.com](mailto:deanna@tcr1886.com) for further information**